

Pre-treatment Instructions

1. Avoid sun exposure 4-6 weeks before and after treatment until your healthcare provider allows it. Epidermal melanocytes compete with melanin in the hair.
2. Your provider may ask you to stop any topical medications or skin care products 3-5 days prior to treatment.
3. Avoid bleaching, tweezing, waxing or sugaring hair for 6 weeks prior to treatment. The melanin-containing hair must be present in the follicle as it is the "target" for the laser light.
4. If you have had a history of peroral or genital herpes simplex virus, your provider may recommend a prophylactic antiviral therapy. Follow the directions for your particular antiviral medication.
5. RECENTLY TANNED SKIN CANNOT BE TREATED! If treated within 4 weeks of active (natural sunlight or tanning booth) tanning, you may develop hypopigmentation (white spots) after treatment and this may not clear for 2-3 months or more.
6. The use of self-tanning skin products must be discontinued one week before treatment. Any residual self-tanner should be removed prior to treatment.
7. Shave at least 24 hours prior to your treatment.
8. Exfoliate and hydrate with Layers private label products to promote healthy skin. Reducing surface dryness will ensure a more tolerable treatment.